

Senior Activity Center September 2020

Tuesday	Wednesday	Thursday	Friday
1 Hot Dog Coleslaw Applesauce Milk Dessert	2 Chicken Strips Normandy Veggies Tropical Fruit Roll Milk Dessert	3 Spaghetti Mixed Veggies Peaches Milk Dessert	4 Goulash Carrots Oranges Milk Dessert
8 Baked Turkey Mashed Potatoes & Gravy Green Beans Tropical Fruit Milk Dessert	9 Ham & Tater Tot Mixed Veggies Pears Milk Dessert	10 Roast Beef Mashed Potatoes & Gravy Beets Applesauce Roll Milk Dessert	11 Kielbasa on a Bun Coleslaw Apples Milk Dessert
15 Chicken Dumplings Beets Oranges Milk Dessert	16 Chicken Fried Steak Mashed Potatoes & Gravy Green Beans Tropical Fruit Roll Milk Dessert	17 Beef and Noodle Casserole Normandy Veggies Pears Milk Dessert	18 Pull Pork Chips Green Beans Apple Milk Dessert
22 Enchilada Salad Tropical Fruit Milk Dessert	23 Baked Ham or Tilapia Rice Beets Peaches Roll Milk Dessert	24 Beef Pot Roast Mashed Potatoes Mixed Veggies Applesauce Roll Milk Dessert	25 Roast Pork Potatoes Normandy Veggies Oranges Roll Milk Dessert
29 Chicken Fried Steak Potatoes Green Beans Applesauce Roll Milk Dessert	30 Taco Casserole Salad Tropical Fruit Milk Dessert		

- Seniors over the age of 60 years of age, cost of meal is a suggested donation.
- Seniors under the age of 60 years of age, cost of meal is \$5.00 plus tax.

[Return to Home Page](#)