



Welcome to the Center where friends meet...

# Senior Activity Center

## "The Scoop"

427 North 6th Avenue, Pocatello, Idaho  
(Located behind the Idaho Department of Labor on S. 5th St.)

**JULY 2019** Email: senioractivities@ida.net Website: www.pocatelloSeniorcenter.com (208) 233-1212

### Silver Chord's Concert - Thursday, July 3rd - 11:00a to 12 noon

Everyone is invited to the Silver Chord's Concert on July 3rd, at the Center. They have been working very hard on this special Patriotic Program. Bring your family and friends for some entertaining red, white and blue music.



### Senior Games - July 12-20, 2019



Over 220 events from track and field, cards, dance, horseshoes, swimming, bridge, archery to Wii bowling are scheduled for ages 50 or better July 12-20, 2019 at various sites in Pocatello, including the Senior Activity Center. If you won a medal last year, show up and defend your title! Renew friendships and make new friends.

**Celebration of Athletes** - Opening Ceremony at OK Ward Park, 1400 W. Quinn Rd., Monday, July 15th at 5:30 p.m.

- Senior Athletes - Don't forget to eat lunch at the Center Tuesday-Friday from 12:00-1:00 pm and breakfast served on Tuesday & Thursday from 7:15 am-9:30 am.
- Closing Luncheon on Fri., July 19th at the Center sponsored by Quail Ridge.

### Board of Directors

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**NOTE:** There will be **NO** Zumba Classes on July 3rd, 10th & 17th. They will resume on the 24th.

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Publisher:  
Nancy Ellis  
Editor:  
Karen Holston

## Breakfast Menu

One Egg w/Toast - \$1.75	Two Eggs w/Toast - \$2.50	Oatmeal - \$2.00	Oatmeal w/Toast - \$2.75
Two Eggs w/Meat and Toast	\$4.50	Biscuits & Sausage Gravy - Full Order...\$2.50	
Two Eggs w/Waffle or Pancake	\$3.75	Half Order...\$1.75	
One Egg W/Waffle or Pancake	\$2.25	Omelet...\$6.00	Extra Toppings...\$.25
Two Eggs w/Choice: Ham, Sausage or Bacon, Toast or Biscuit	\$4.50	Two Biscuits	\$1.50
Short Stack Pancakes	\$2.25	Bagel w/Cream Cheese	\$2.00
Blueberry Waffles	Small - \$1.50 Large - \$2.00	Hash Browns	\$1.50
Ham, Bacon or Sausage	\$2.00	Hash Browns w/Gravy	\$1.75
French Toast	\$2.25	Toast...\$.75	Coffee...\$.50

### Dear Abby's Famous Cheesecake

#### **Cheesecake:**

- 3 (8-ounce) packages cream cheese, softened
- 4 eggs
- 1 cup sugar
- 1 teaspoon vanilla
- 1 pint dairy sour cream (at room temperature)
- 1 (21-ounce) can prepared cherry, blueberry or strawberry pie filling

#### **Crust:**

- 1 1/2 cups graham cracker crumbs
- 1/2 cup melted butter (1 stick)
- 1/3 cup powdered sugar



1. Heat oven to 350 degrees.
2. Combine graham cracker crumbs, powdered sugar & melted butter. Press into bottom of 8-inch pan.
3. In a large bowl, beat cream cheese, eggs, sugar & vanilla until smooth. Pour mixture over prepared crust.
4. Bake at 350 degrees for 50 minutes (until center is set).
5. Remove from oven & spread sour cream on top of cheesecake (*be sure the sour cream is at room temperature when you spread it on*). Return to oven & bake an additional 5 minutes.
6. Remove from oven & allow to cool. Spread desired topping on cheesecake.
7. Chill overnight. ENJOY!

### **NEW CLASS**

Beginning in July, the center will be holding **Thai Chi classes** the **2nd and 4th Tuesday** every month at **9:30a.m.** The first class will be on July 9th. The instructor is Linda Fairchild. Thai Chi is meditation in motion and helps reduce stress and anxiety. It helps improve balance and stability through gentle flowing movements. There is a \$1 suggested donation for each class. Please join us and check it out!

A note of appreciation to **Connie McKay** for weeding our flower beds and planting flowers and seeds. Thank You!

# JULY Lunch Menu

8 oz. Milk or coffee served with all meals

Tuesday	Wednesday	Thursday	Friday
<b>2</b> Breakfast <b>BBQ Ribs</b> <b>Potato Salad</b> <b>Whole Wheat Roll</b> <b>Peaches</b> <b>Dessert</b>	<b>3</b> Silver Chords Concert @ 11a <b>Hamburger with All the Fixings</b> <b>Oven Fries</b> <b>Carrots / Watermelon</b> <b>Dessert by Quail Ridge</b>	<b>4</b> Closed For Independence Day 	<b>5</b> <b>Chicken Casserole</b> <b>Veggies</b> <b>Whole Wheat Roll</b> <b>Apples</b> <b>Dessert by Brookdale</b>
<b>9</b> Breakfast <b>Chili Cheese Hot Dog Or Grilled Cheese</b> <b>Green Beans</b> <b>Tater Tots</b> <b>Dessert</b>	<b>10</b> Farnes & Fronske @ 11:30a <b>Parmesan Chicken</b> <b>Mashed Potatoes/Gravy</b> <b>Carrots</b> <b>Melon</b> <b>Dessert</b>	<b>11</b> Breakfast Lunch sponsored by Genexe <b>Spaghetti w/Meat</b> <b>Garlic Bread</b> <b>Green Salad</b> <b>Grapes</b> <b>Dessert</b>	<b>12</b> <b>BLT Sandwich</b> <b>Tropical Fruit</b> <b>Macaroni Salad</b> <b>Dessert</b>
<b>16</b> Breakfast <b>Stuffed Bell Peppers</b> <b>Sautéed Onions</b> <b>Cottage Cheese</b> <b>Applesauce</b> <b>Dessert</b>	<b>17</b> Bonnie Houghland @ 11:30 <b>Tortilla Soup and Quesadillas</b> <b>Salad</b> <b>Pineapple</b> <b>Dessert</b>	<b>18</b> Breakfast <b>Roast Turkey</b> <b>Mashed Potatoes With Gravy</b> <b>Green Beans</b> <b>Roll</b> <b>Strawberries</b> <b>Dessert</b> <small>Wells Fargo Scam Awareness Presentation 12-12:20p</small>	<b>19</b> Lunch sponsored by Quail Ridge <b>Pulled Pork Sandwich</b> <b>Broccoli salad</b> <b>Watermelon</b> <b>Carrot Cake</b>
<b>23</b> Breakfast <b>Kielbasa OR Ham</b> <b>Coleslaw</b> <b>Chips</b> <b>Pears</b> <b>Dessert</b>	<b>24</b> Tim & Lorrie Bridges @ 11:30a <b>Lasagna</b> <b>Garlic Toast</b> <b>Green Salad</b> <b>Banana</b> <b>Dessert</b>	<b>25</b> Breakfast <b>Oven Fried Chicken</b> <b>Mashed Potatoes With Gravy</b> <b>Carrots</b> <b>Melon</b> <b>Dessert</b>	<b>26</b> <b>Chicken Fried Steak</b> <b>Mashed Potatoes w/White Gravy</b> <b>Mixed Veggies</b> <b>Melon</b> <b>Dessert</b>
<b>30</b> Breakfast <b>Chicken Enchiladas</b> <b>Green Beans</b> <b>Salad</b> <b>Pears</b> <b>Dessert</b>	<b>31</b> Marie Cain Bridges @ 11:30a <b>Pot Roast w/Mashed Potatoes &amp; Gravy</b> <b>Salad</b> <b>Apples</b> <b>Dessert</b>	<b>Breakfast Served:</b> Tues. & Thurs. 7:15a - 9:30a <b>Lunch Served:</b> Tues. - Fri. Noon to 1p Be sure to check out our updated website: <a href="http://www.pocatelloseiorcenter.com">www.pocatelloseiorcenter.com</a>	

The menu is subject to change due to availability

## JULY Birthdays.....



1st	Ila Webb Rena Winegor	12th	Keith Christensen	22nd	Val Lepchenske Jim Melicharek Verda Miller
2nd	Marie Robello	13th	Anita Bartos Eileen Twitchell	23rd	Paula Farrell Wayne Lewis
3rd	Darold Jensen		Irene Vaupel Hilda Wellard	24th	Maxine Bingham Laurene Doherty
4th	Theresa Carter Edith Wiggers	14th	Todd Tolman	16th	Judy Anderson Sharon Manning Marie Neder Burna Whitworth
5th	Louis Hunt	17th	Joan Olson	19th	Marlene Elgaaen Bob Jones
6th	Bonnie Dahlquist	20th	Dennis Colson Linda Larsen Rick Lich	26th	Ethel Alston
7th	Gabrielle Harris Paul Robinson Shirley Samora			27th	Sue Manning Mario Velasco Rita Peron
8th	Faye Burrows Sharon Morse Wava Murphy			29th	Tom Drais
9th	Ruth Harten Jeanne Moore			31st	Stephen Harris Jean Milliken Regina Morocho
10th	Jody Olson				
11th	Robert Gunter				



“Gravity has lowered my chest, my stomach and my butt. Why hasn’t it lowered my cholesterol!?”

**The Old Town Pocatello/Oldies Rod & Custom Car Show was the best ever! Thank You to the following people who made it all possible... “You’re the Best”**

**Old Town Pocatello** - Stephanie Palagi & Kevin Lish  
**MC** - Rick Cheatum

**Sound System** - Dwayne McCarthy and friends

**Music** - John Jones

**Photographer** - Bob Crockford

**Dash Plaques, Trophies & T-Shirts** - Anita Valladolid

**Volunteer Coordination** - Shirley Rummage

**Cashiers** - Leah Bybee, Bonnie Dahlquist, Andy Guerra, Abby Jensen, Jane Lamprecht, Ann Lane, Bobby McCullom, Sue Miller, Joyce Pinkerton, Maureen Raymond, Dot Thompson, Edith Wiggers, Lorraine Winters

**Car Entries** - John Belusci, John Sutter, Reno Torres, Rachel Moskowitz

**Breakfast** - Marlene Hope, Joyce Montoya and Chris Rhodes

**People’s Choice Ticket Total** - Judy Anderson, Nancy Ellis, Sparky Jones, Wanda Roper, Lorraine Winters

**Backup** - Karen Holston, Donn Holston

**Set-up Crew** - Tracy Harmon, Lynn Shaffer, Jacob Ward and Rev. Jones

**All Day Assistance**—Larry Hartman and Shirley Rummage



### **Upcoming Events:**

- 1) August 3rd—Fundraiser Yard Sale
- 2) August 9th—AARP driving classes
- 3) September 14—Golf Tournament

**Phil Coleman won the Cadillac!!!**



## Preparing Makes Sense for Older Americans. Get Ready Now.

1. **Get a Kit of emergency supplies.** Be prepared to improvise and use what you have on hand to make it on your own for **at least three days**, maybe longer. While there are many things that might make you more comfortable, think first about fresh water, food and clean air. Recommended supplies to include in a basic kit:

- ◆ **Water:** One gallon per person per day
- ◆ **Non-Perishable food:** at least a three-day supply
- ◆ **Flashlight and extra batteries**
- ◆ **First Aid kit**
- ◆ **Whistle** to signal for help
- ◆ **Filter mask** or cotton t-shirt, to help filter the air
- ◆ **Moist towelettes, garbage bags and plastic ties** for personal sanitation
- ◆ **Wrench or Pliers** to turn off utilities
- ◆ Battery-powered or hand crank **radio** and a NOAA Weather Radio with tone alert and **extra batteries**
- ◆ **Manual can opener** if kit contains canned food
- ◆ **Plastic sheeting and duct tape**, to shelter-in-place
- ◆ **Important family documents**
- ◆ **Items for unique family needs**, such as daily prescription medication or pet food, eye glasses, etc.

Once my dog ate all the Scrabble tiles. For days he kept leaving little messages around the house.



### JOIN US for Our “JULY MOVIE”

The Sr. Activity Center will be showing a drama/romance this month. The movie is free, as is the popcorn!

**DATE:** Tuesday, July 9th

**MOVIE:** **Life as a House**

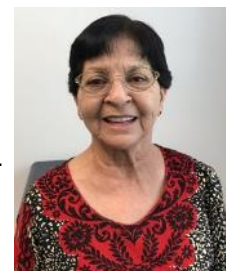
**TIME:** 1:00 p.m. to approx. 3:00 p.m.

**ROOM:** #11

"Life as a House" is the poignant, often humorous journey of one man who decides to tear down his house -- and winds up rebuilding the world around him.

Starring Kevin Cline, Mary Steenburgen, Dame Kristin Scott Thomas, Hayden Christensen, Jena Malone


### New Staff Member...



Please join us in welcoming Marty Riedle to our Senior Activity Center's family. She will be working part-time in the office and comes to us with a great background. Marty retired from the site with experience in scheduling, data entry, coordination of work flow, maintenance of numerous databases, assisted with training & maintaining accurate and auditable training records, etc., as well as other duties too numerous to mention.

Prior to that, she worked for the Department of Employment and American Microsystems, Inc. (ON). She is motivated, outgoing, friendly and enjoys working with the public. Be sure to say Hello!

# JULY Activities

Mon	Tue	Wed	Thu	Fri	Sat
1  Pool &  Library	2 Exec. Brd. Mtg. @ 9:00 a  <u>Fit'n Fall</u> : 11a <u>Social Bingo</u> 11:30a <u>Pinochle</u> : 1p <u>TOPS</u> : 5p	3  Silver Chords Concert @ 11a  <u>Hand &amp; Foot</u> : 1p <u>Ballroom Dance</u> <u>Lesson</u> : 1p	4  <b>Closed For Independence Day</b>  	5  <u>ZUMBA</u> : 8:30a <u>Social Bingo</u> : 11:30a <u>Jackpot Bingo</u> : 1p <u>Creative Writing</u> : 1p <u>Dance</u> : DJ Steve Riley 7:30p	6  Dance to DJ: John Jones 7:30p
8  Pool &  Library	9 Brd. Mtg. @ 9:00a  <u>Tai Chi</u> : 9:30a <u>Fit'n Fall</u> : 11a <u>Social Bingo</u> 11:30a <u>Movie</u> : 1p <u>Pinochle</u> : 1p <u>TOPS</u> : 5p	10 Farnes & Fronske @ 11:30a  <u>Hand &amp; Foot</u> : 1p <u>Ballroom Dance</u> <u>Lesson</u> : 1p	11 Genetic Testing Genex Health 11a - 2p  <u>Silver Chords</u> : 9:30a <u>Social Bingo</u> : 11:30a <u>Fit'n Fall</u> : 11:30a <u>Pinochle</u> : 1p	12  <u>ZUMBA</u> : 8:30a <u>Social Bingo</u> : 11:30a <u>Jackpot Bingo</u> : 1p <u>Creative Writing</u> : 1p <u>Dance</u> : DJ Steve Riley 7:30p	13  Dance to DJ: John Jones 7:30p
15  Pool Room Closed due to Tournament  Library will be open	16 Attorney @ 10a  <u>Fit'n Fall</u> : 11a <u>Social Bingo</u> : 11:30a <u>Pinochle</u> : 1p <u>TOPS</u> : 5p	17 Bonnie Houghland @ 11:30a  <u>Hand &amp; Foot</u> : 1p	18 Wells Fargo Scam Presentation 12pm-12:20pm  <u>Silver Chords</u> : 9:30a <u>Alliance Blood</u> <u>Pressure</u> : 11a <u>Social Bingo</u> : 11:30a <u>Fit'n Fall</u> : 11:30a <u>Pinochle</u> : 1p No Karaoke due to dance	19  <u>ZUMBA</u> : 8:30a <u>Social Bingo</u> : 11:30a <u>Jackpot Bingo</u> : 1p <u>Creative Writing</u> : 1p <u>Dance</u> : DJ Steve Riley 7:30p	20  Dance to DJ: John Jones 7:30p
22  Pool &  Library	23  <u>Tai Chi</u> : 9:30a <u>Fit'n Fall</u> : 11a <u>Social Bingo</u> : 11:30a <u>Pinochle</u> : 1p <u>TOPS</u> : 5p	24 Tim & Lorrie Bridges @ 11:30a  <u>ZUMBA</u> : 8:30a <u>Hand &amp; Foot</u> : 1p <u>Ballroom Dance</u> <u>Lessons</u> : 1p	25  <u>Silver Chords</u> : 9:30a <u>Social Bingo</u> : 11:30a <u>Fit'n Fall</u> : 11:30a <u>Pinochle</u> : 1p <u>Karaoke</u> : 7p	26  <u>ZUMBA</u> : 8:30a <u>Social Bingo</u> : 11:30a <u>Jackpot Bingo</u> : 1p <u>Creative Writing</u> : 1p <u>Dance</u> : DJ Steve Riley 7:30p	27  Dance to DJ: John Jones 7:30p
29  Pool &  Library	30  <u>Fit'n Fall</u> : 11a <u>Social Bingo</u> : 11:30a <u>Pinochle</u> : 1p <u>TOPS</u> : 5p	31 Marie Cain @ 11:30a  <u>ZUMBA</u> : 8:30a <u>Hand &amp; Foot</u> : 1p <u>Ballroom Dance</u> <u>Lessons</u> : 1p	<b>Ross Park Lazy River Walk</b> If you would like to join the ladies & gents for some gentle-on the joints exercise, you might like the Ross Park Lazy River Walk. <b>Mon. - Fri.</b> from 10-11a.m. <b>Tues. &amp; Thurs.</b> from 7:15-8:15p.m. <b>Cost:</b> \$20 for 10 sessions (Plus a one-time only card fee of \$5) OR \$3 per session <b>Note:</b> You may want to wear water shoes to protect your feet & a hat or visor, as well as a shirt to keep from getting sunburned!		



## Genex Health– Genetic Screening

What is Genetic Screening? Genetic Screening identifies changes in chromosomes, genes or proteins. The results of the screening can confirm or exclude a suspected genetic condition or determine a person's chance of passing on a genetic disorder or disease.

Genex employees will be at the Center to conduct screening tests to include: cancer, Alzheimer, high cholesterol/cardio and carrier screening. The screening is done through a swab passed on the inside of your mouth. It is a painless and private test.

**When: Thursday, July 11th from 11:00 a.m. to 2:00 p.m. in Rm. #11**

**Items to Bring: I.D. and Medicare/Medicaid card** (insurance covers costs associated with these tests)

Questions please call 1.833.343.6393 or [www.genex.com](http://www.genex.com)



**Is it time to de-clutter or downsize? Do you now hire someone to do your yard work instead of doing it yourself? We're asking for your help in providing "quality" items for the center's yard sale to be held on Saturday, August 3rd from 9a to 1p.**

We will be accepting donations from **Monday, July 22nd thru Friday, July 26th with drop off times from 3-4:30p** at the handicapped entrance on Fremont St. Please do not drop anything off at the front desk or at any other time of day; otherwise you will have to make an additional trip to the center.

- \* No more than 10 items per person (a set counts as 1)
- \* All electrical items must be in good working order
- \* All items must be clean & free of damage
- \* Yard Tools, etc.

**Suggested items:** bed linens, towels, tablecloths, lamps, end tables, tools, small kitchen appliances

**Please NO:** clothing, shoes, books, bud vases, CDs, videos, mismatched cups or glasses.

**Picnic with us in the Park (in the front of the Senior Activity Center building)  
Hot dogs, chips & drink...all for a \$5**

## EXERCISES FOR SENIORS

You know how important exercise is, as we grow older. Here are a few suggestions. I start by standing outside behind the house and, with a five-pound potato sack in each hand, extend my arms straight out to my sides and hold them there as long as I can.

After a few weeks, I moved up to 10-pound potato sacks, then 50-pound potato sacks and finally I got to where I could lift a 100-pound potato sack in each hand and hold my arms straight out for more than a full minute!

Next, I started putting a few potatoes IN the sacks, but I would caution you not to overdo it at this level.



Seeking volunteers to assist in the kitchen: Call Shirley Rummage at 208.233.1212

**Mixed-Up Candy** (answers on pg. 10)

1. LLOIPPO \_\_\_\_\_
2. IGMUM EBARS \_\_\_\_\_
3. RKAWEREBJA \_\_\_\_\_
4. DER ESVIN \_\_\_\_\_
5. ICRNKSES \_\_\_\_\_
6. IXWT \_\_\_\_\_
7. CCELROII \_\_\_\_\_
8. ISEOTOT LROL \_\_\_\_\_
9. TSTLSKEI \_\_\_\_\_
10. ETSETSAWRHE \_\_\_\_\_
11. LELJY EBANS \_\_\_\_\_
12. SARTEMIS \_\_\_\_\_
13. PSWPROEH \_\_\_\_\_
14. PIEEMPNTPR \_\_\_\_\_
15. ZTRLISEWZ \_\_\_\_\_
16. RUGERTNIFTEB \_\_\_\_\_
17. FATYF \_\_\_\_\_
18. YAAPDY \_\_\_\_\_



**SCAMS:**

If an individual receives a suspicious call from someone alleging to be from the Social Security Admin. (SSA) or the Office of Inspector General (OIG).

Please report that information to:

Call 1-800-269-0271-Monday through Friday from 10a.m. to 4p.m. eastern time

Or

<https://oig.ssa.gov/report>

Report the scams to: Federal Trade Commission through a new site specific to Social Security scams:

<http://identitytheft.gov/ssa>

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Across from Smith's, Next to ISU Credit Union



**BROOKDALE**  
SENIOR LIVING

When you turned 70, did your passions fade? We didn't think so.

Family... Hobbies... Travel

If anything, age strengthens those desires. But, as you get older, you sometimes need a little help. When you are a resident at a Brookdale Senior Living community, we can assist you with the little things.

LIKE: housekeeping, laundry, meals, medical transportation. Getting you more involved in activities you used to enjoy and introducing you to some new ones, plus a great social atmosphere.

Most importantly, we cater to your specific needs. We are staffed with an RN and LPN. So go do the things you love to do and let us help with the rest. We'd love to tell you more, but we've run out of room. Call or email for more information. We would love to schedule a visit, complete with a great lunch.

Call: 208-237-6866 or

Email: [sharon.nilson@brookdale.com](mailto:sharon.nilson@brookdale.com) or  
[anna.capell@brookdale.com](mailto:anna.capell@brookdale.com)



## **EXPAND YOUR CIRCLES - Prevent Isolation and Loneliness As You Age**

As we age, circumstances in our lives often change. We retire from a job, friends move away or health issues convince us to eliminate or restrict driving. When changes like these occur, we may not fully realize how they will affect our ability to stay connected and engaged and how much they can impact our overall health and well-being.

We need social connection to thrive—no matter our age—but recent research shows that the negative health consequences of chronic isolation and loneliness may be especially harmful for older adults. The good news is that with greater awareness, we can take steps to maintain and strengthen our ties to family & friends, expand our social circles and become more involved in the community around us. And don't forget—when you open up your world to new people, sharing your time, talents and wisdom, it's a win-win for you and your entire community.

Older adults who describe themselves as lonely have a 59 percent greater risk of functional decline and a 45 percent greater risk of death. About 29 percent of people age 65-plus live alone and twice as many women live alone as men. Almost 50 percent of older women age 75-plus live alone.

Here are some actions you may want to consider taking to help you stay ahead of the “connection curve:”

- ◆ Nurture & strengthen existing relationships; invite people over for coffee or call them to suggest a trip to see a movie or go to lunch or dinner.
- ◆ Schedule a time each day to call a friend or visit someone.
- ◆ Meet your neighbors—young and old.
- ◆ Don't let being a non-driver stop you from staying active. Find out about your transportation options.
- ◆ Use social media like Facebook to stay in touch with long-distance friends or write an old-fashioned letter.
- ◆ Stay physically active & include group exercise in the mix.
- ◆ Take a class to learn something new and, at the same time, expand your circle of friends.
- ◆ Revisit an old hobby you've set aside .
- ◆ Volunteer to deepen your sense of purpose & help others.
- ◆ Visit your local community wellness or senior center.
- ◆ Join the local New Knowledge Adventure Program thru ISU to sign-up for a myriad of classes & trips.
- ◆ Check out faith-based organizations for spiritual engagement, as well as to participate in activities & events.

Eldercare Locator

### **OPERATION RED FILE**

The Area Agency on Aging will start disseminating the Operation Red File Packets again soon. The red folder hangs on your fridge and holds vital records needed in a medical emergency. Please contact Area Agency on Aging for more information. 208-233-4032.

Senior Activity Center  
427 N. 6th Ave.  
Pocatello, Idaho 83201

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Office Hours

Monday: 9:30am-1:30pm

Tuesday & Thursday: 7:15am-5:00pm

Wednesday & Friday: 8:00am-5:00pm

Answers:

1. Lollipop
2. Gummi Bears
3. Jawbreaker
4. Red Vines
5. Snickers
6. Twix
7. Licorice
8. Tootsie Roll
9. Skittles
10. Sweethearts
11. Jellybeans
12. Smarties
13. Whoppers
14. Peppermint
15. Twizzlers
16. Butterfinger
17. Taffy
18. Payday

**Concern Form:**

When a concern arises, we encourage the public to utilize the concern form, located in the South entrance on the wall.

**Scoop Subscription:**

If you would like to have the Scoop delivered to your home, please check with the office to be sure we have your address **OR** provide us with your e-mail address, if you would prefer to receive it on-line. The subscription runs Jan. to Dec. for \$1 per month.